

Welcome to our table

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BOOK TALK CARDS



ABOUT THE BOOK

Learn all about what people in other countries eat, where our food comes from, and the stories, cultures and traditions behind what we eat.



OUR THOUGHTS

"This fascinating look at various types of food is great to browse through and as a topic support. Be prepared to be hungry!"



THEMES:

- Traditions
- Sharing
- Language
- Festivals
- Sustainability

TIME TO TALK

- 1 Which of the 195 countries would you most like to visit? Why?
- 2 'Food brings us together and forms cultures and traditions.' Can you describe a food or meal that brings your family or friends together? Why is it special?
- 3 What is your favourite food smell? Does it have any special memories attached to it?
- 4 Why do you think rice has become a part of many different countries and their food traditions?
- 5 What type of bread do you like best? Are there any forms in the book that you haven't yet tried that you would like to?
- 6 Why was pickling a useful process in the past? Can you think of any other processes which are a result of what was possible in the past?
- 7 Are you, or do you know anyone who has chosen a special diet e.g. vegetarian, vegan? How does this affect that person? Would you like to follow a particular diet – why/ why not?
- 8 What food type would you most like to try growing? Why do you think people often say that food they have grown tastes better?
- 9 What was the most surprising fact you found in the book?
- 10 Would you be prepared to try any of the 'future foods' at the moment? What do you think might change our minds about eating these food sources?

TAKE THE TEXT FURTHER WITH OUR TOP 5 TITLES TO CONTINUE THE THEME:

